

Singles Explore Life

January, 2010

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Mission Statement

SEL's (Singles Explore Life) mission is to provide time for those singles over forty (40) years of age to come together to meet other people, to socialize, to explore areas of enhancement for our personal lives, and to seek God within us, exploring that relationship with God and God's likeness in us all. We also strive to become more aware of persons traveling similar roads and to seek connections with them should that be feasible.

Birthdays: Lois vonNostitz (1/14) and Ginna
Willenbrink (1/30)



SEL *NO WINTER BLUES* ACTIVITY

Got the holidays are over, it gets dark early, cold outside blues? Come hang out with your SEL friends on Friday night January 15th at the lounge at Jeff Ruby Restaurant (Galt House). Grab a smooth drink and snacks and enjoy the sounds of a cool singer, Robbie Bartlett. She is great at jazz, blues, and Motown. The singer before Robbie is TBA. We will meet there at 8:15 p.m. Join us later if you like, the music plays until 1am.! If you are interested in car pooling please let me know. RSVP to Rebecca Beyerle 454-0268 or beyerler@gmail.com.

Thanks to Rosemary Smith, Jack Allgeier, and Mary Schelling who went to Epiphany for the Fall cleanup representing SEL members. Seeing no one in front of the Church or Prayer Garden, they decided to tackle it. All was cleaned up and it looks great. Thanks to these three who contributed their valuable time and spruced up our prayer garden.

SEL Saturday Brunch

After the busy holidays, here's your opportunity to enjoy a **SATURDAY** brunch with your SEL friends. Relax and enjoy a very reasonably priced meal on **Saturday, January 9, 2010**, at **11:00** a.m., at **THE IRISH ROVER Restaurant**, 2319 Frankfort Ave. You may order both breakfast and lunch food off the menu for approx. \$3.95 - \$19.95, and their Traditional Irish Breakfast is \$6.95. We can get separate checks. Please call me by Monday, January 4th with your reservation at:

327-9706, or adagio15@yahoo.com -- Rosemary Feldkamp

SEL'S MIRACLE AT THE BOMHARD

For our Christmas event this year several of us attended the play, "Miracle on 34th Street", presented in the radio version of the popular story. It was intriguing to listen to the sound effects, and watch how the actors made them. The play was performed by Louisville Music Theater, and it was gratifying, as usual, to give our support to a local theater production. SEL...doing our part to keep the arts alive in Louisville! As well as our friendships!

-- Brenda Childress

"Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved."

Helen Keller